



## Wider Curriculum Unit Plan for Home learning

**Subject:** PSCHE

**Unit:** Spring 2:

**Year:** 4

Session 1 Online	<p><b>Why is it important to speak to someone when we are worried about something online?</b></p> <ul style="list-style-type: none"><li>• <b>Think</b> - Why is it important to speak to someone when we are worried about something online?</li><li>• <b>Read</b> the scenarios on the activity below and think about how each one would make the person feel.</li><li>• <b>Choose</b> one of the scenarios and think of advice that you could give them. What could they do in their situation? Explain your answer.</li></ul>
Session 2 Online	<p><b>Why are there so many adverts on the internet?</b></p> <ul style="list-style-type: none"><li>• <b>Think</b> – What are adverts? What different types of adverts have you seen on the internet?</li><li>• <b>Watch</b> the video and try to count the different adverts that are shown.</li><li>• <b>Watch</b> the video about some of the different ways people advertise online and their motives. Think about answers to questions in the quiz at the end of the video.</li></ul>
Session 3 Mental Health	<p><b>How can you express yourself?</b></p> <ul style="list-style-type: none"><li>• <b>Watch</b> this video to learn about what mental health is and how we can express ourselves.</li><li>• <b>Choose</b> one of the following activities that you would like to try to express yourself.</li><li>• You could: create a dance, sing a song, listen to a new song, listen to some music and draw, paint a picture or write a poem or you may choose another way. <b>Remember</b> to choose something that makes you feel good.</li></ul>
Session 4 Finance	<p><b>How can we keep track of our money and why is it important.</b></p> <ul style="list-style-type: none"><li>• Think about the different ways you might receive money and spend it.</li><li>• <b>Watch</b> this video to learn about ways to track your money</li><li>• Use the my money sheets below to help you.</li></ul>
Session 5 Finance	<p><b>What can you do with your money?</b></p> <ul style="list-style-type: none"><li>• <b>Think</b> about what a resolution is. Do you know what a money resolution might be?</li><li>• <b>Watch</b> this video explaining what a money resolution is and how you can create your own. It will explain some different examples to help you think of your own money resolution.</li><li>• <b>Create</b> your own savings or giving sheet. You can use the one below to help you</li></ul>
Session 6	<p><b>No PSCHE lesson week 6 – 3 day week</b></p>

## Lesson 1 – Online Safety



### Feelings



1. Sami watches a video of an amazing trick shot. They try to do it themselves but just can't get it right.

2. Joe is noticing that lots of the people he sees online do not look like him, they all seem to be so 'perfect'.

3. Mae receives a message that says you should share it with five friends or get bad luck. When Mae shares it, her friends all laugh at her for believing it

4. Mani keeps receiving lots of private messages online from very long and odd-looking usernames. He is not sure who these people are.

5. Charlie sees some exciting news about a new game being released and sends it to her friends. One of them replies explaining that it's not real.



### Example answer:

I think that **Sami** should take a break from the game he is playing **because** it sounds like he is starting to get frustrated and might need some time to calm down.

## My Money

How much money do I have?

Record how much money you have— remember to use £ or pence (p) and write in the **total** each time you add a new amount...

Deposit	Amount	Total

What would I like to buy?

My **three** choices are...

<b>1</b>	<b>2</b>	<b>3</b>
£	£	£

## Keeping track of what I've spent...

Starting with the **total amount** of money you have, deduct the cost of each item you have chosen to buy...

Item	Deposit	Withdraw	Total

### My New Year's Money Resolution

This year I will spend less than/save/give £ ..... per week.

Week	Money paid in	Money taken out	New Total
Week 1			
Week 2			
Week 3			
Week 4			
Week 5			
Week 6			
Week 7			
Week 8			
Week 9			
Week 10			
Week 11			
Week 12			
Week 13			
Week 14			
Week 15			
Week 16			
Week 17			
Week 18			
Week 19			

~~You help with the tidying up and are rewarded with an extra £1.00, add this to your table—how much money do you have now?~~

Finance  
Lesson  
on  
Session  
5: